

Menu MAT Summer Menu 2020

Week: 1 – 13/4,4/5,1/6, 22/6,13/7, 7/9, 28/9,19/10

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	
Main course	Meat	Beef Bolognese	Chicken Enchillada	Roast Turkey	Chicken Tikka	Chicken Bites with Dip
	Fish	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Cod Goujons with Dip
	Vegetarian	Quorn Bolognese(V)	Vegetable Enchillada(V)	Leek and Cheese Pastry (V)	Vegetable Tikka (V)	Mozzerella Sticks (V)
	Pasta Bake	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
Starchy food	Pasta	Hash Browns	Roast Potatoes	Rice	Chips	
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	
Vegetables	Peas	Broccoli	Peas	Sweetcorn	Peas	
	Carrots	Cauliflower	Carrots	Peas	Cauliflower	
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Coleslaw	
Extra bread	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
Dessert	Chocolate Cookie And Custard	Toffee Apple Muffin	Carrot Cake	Syrup Sponge and Custard	Fruit Jelly	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	
	Grab & Go (Hot)	Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll






	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You
	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza
	Rice Pot Special	Chicken Bites and Dip	Rice Pot Special	Hot Dogs	Chicken Bites and Dip
	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes Portion of Chips
	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go
	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini
Grab & Go (Cold)	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
Drinks	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate

(N) This dish contains nuts

(V) This dish is suitable for vegetarians

Menu MAT Summer Menu 2020

Week: 2 – 20/4, 11/5, 8/6, 29/6, 14/9, 5/10

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	
Main course	Meat	Meatballs in Tomato Sauce	Chicken Fajita	Roast Pork	Hunter Chicken Burger	Pork Sausages
	Fish	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Cod in Batter
	Vegetarian	Quorn Meatballs in Tomato Sauce(V)	Vegetable Fajita(V)	Broccoli and Cheese Pasty(V)	BBQ Vegetable Burger(V)	Mozzerella Sticks (V)
	Pasta Bake	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
Starchy food	Pasta	Hash Browns	Roast Potatoes	Spicy Wedges	Chips	
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	
Vegetables	Peas	Broccoli	Cabbage	Sweetcorn	Peas	
	Carrots	Cauliflower	Carrots	Peas	Cauliflower	
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Pasta Salad	
Extra bread	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
Dessert	Chocolate and Pear Muffin with Custard	Millionaire Shortbread	Lemon Meringue Pie	Chocolate Fudge Cake with Ice Cream	Strawberry Mousse	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	






Grab & Go (Hot)	Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You
	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza
	Rice Pot Special	Chicken Bites and Dip	Rice Pot Special	Hot Dogs	Chicken Bites and Dip
	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes Portion of Chips
	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go
	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini
Grab & Go (Cold)	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
Drinks	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate

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Menu MAT Summer Menu 2020

Week: 3 – 27/4, 18/5, 15/6, 6/7, 21/9, 12/10.

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	
Main course	Meat	Beef Lasagne	BBQ Chicken Wrap	Roast Gammon	Sweet and Sour Chicken	Pulled Pork Burger
	Fish	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Fish Burger
	Vegetarian	Vegetable Lasagne(V)	BBQ Vegetable Wrap (V)	Roasted Vegetable Pastry(V)	Sweet and Sour Halloumi (V)	Mozzerella Sticks(V)
	Pasta Bake	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
Starchy food	Spicy Wedges	Hash Browns	Roast Potatoes	Vegetable Rice	Chips	
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	
Vegetables	Peas	Broccoli	Cabbage	Sweetcorn	Peas	
	Carrots	Cauliflower	Carrots	Peas	Cauliflower	
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Coleslaw	
Extra bread	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
Dessert	Apple Flapjack and Custard	Cookie and Custard	Chocolate Profiteroles	Banoffee Cake with Custard	Fruit Fool	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	

Grab & Go (Hot)	Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You
	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza
	Rice Pot Special	Chicken Bites and Dip	Rice Pot Special	Hot Dogs	Chicken Bites and Dip
	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes
	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go	Portion of Chips Pasta to Go
	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini
Grab & Go (Cold)	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
Drinks	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate

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CATERING

Meal of the Day £1.90 with Pudding £2.30

Chicken Tenders with Chips, Peas and Sweetcorn

Battered Cod, Chips and Peas

Vegetarian Option £1.90

Cauliflower and Broccoli Cheese with Chips and Peas

**Pasta Meal £1.45 with Crusty Roll
£1.20 without**

Tomato and Basil

Sweet of the Day 80p

Apple Crumble with Cream

Filled Jacket Potatoes also available with Prawns, Tuna,
Cheese, Beans, Coleslaw

OASS CATERING

Pizza and Hot Snack Bar

Cheese and Tomato.....	£1.30
Pepperoni	£1.30
Cheese and Ham Panini.....	£1.50
Pot Meals.....	£1.55
Chips.....	£1.50
Wedges.....	£1.50
Hot Dogs.....	£1.55
Hot Dog with extra toppings..	£1.85

OASIS



CATERING

Sausages, Chips + Dip Pot..... £1.60

Chicken Bites, Chips + Dip Pot...£1.85

Chicken Fillet Burger
in a Bap£1.55

Hot Pasta Pot.....£1.20

Vegetable Burger in a Bap.....£1.10

Small Chips.....£1.50

Sausage Roll£1.10

All Slices..... £1.20

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CATERING

As you like it

Choose your bread – Sub 6” - £1.70,
Sub Foot long - £2.40.

Choose up to two fillings-
Ham, Bacon, Salami, Tuna, Cheese,
Hot Chicken, Plain Chicken,

Choose to toast it or not

Choose your salad and sauce

ENJOY !!!!

OASS

CATERING

Drinks

Milk.....	30p
Cartons/Water....	45p
Plain Water.....	55p
Small Bottles.....	75p
Moo Milk.....	85p
Juice Burst.....	85p
Cans.....	85p
Large Bottles....	£1.05

OASIS



CATERING

Breaktime

Hash Browns.....	65p
Cheese on toast.....	70p
Sausage Bap.....	90p
Bacon Bap.....	£1.00
Bacon & Hash Brown Bap.....	£1.15
Tomato Pasta.....	£1.20
Cheese Pasta.....	£1.20
Sausage Rolls.....	£1.10
All Slices.....	£1.20
Hot Filled Baguettes.....	£1.85