

Menu MAT Summer Menu 2020



Week: 1 – 13/4, 4/5, 1/6, 22/6, 13/7, 7/9, 28/9, 19/10

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	
Main course	Meat	Beef Bolognese	Chicken Enchillada	Roast Turkey	Chicken Tikka	Chicken Bites with Dip
	Fish	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Cod Goujons with Dip
	Vegetarian	Quorn Bolognese(V)	Vegetable Enchillada(V)	Leek and Cheese Pastry (V)	Vegetable Tikka (V)	Mozzerella Sticks (V)
	Pasta Bake	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
	Starchy food	Pasta	Hash Browns	Roast Potatoes	Rice	Chips
		Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
	Vegetables	Peas	Broccoli	Peas	Sweetcorn	Peas
		Carrots	Cauliflower	Carrots	Peas	Cauliflower
	Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
		Coleslaw	Potato Salad	Coleslaw	Potato Salad	Coleslaw
Extra bread	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
Dessert	Chocolate Cookie And Custard	Toffee Apple Muffin	Carrot Cake	Syrup Sponge and Custard	Fruit Jelly	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	
	Grab & Go (Hot)	Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll

Eat Better Do Better

Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You
Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza
Rice Pot Special	Chicken Bites and Dip	Rice Pot Special	Hot Dogs	Chicken Bites and Dip
Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes Portion of Chips
Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go
Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini
Grab & Go (Cold)				
Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
Drinks				
Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate

(N) This dish contains nuts

(V) This dish is suitable for vegetarians

Menu MAT Summer Menu 2020

Week: 2 – 20/4,11/5,8/6,29/6,14/9,5/10



						
Main course	Meat	Meatballs in Tomato Sauce	Chicken Fajita	Roast Pork	Hunter Chicken Burger	Pork Sausages
	Fish	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Cod in Batter
	Vegetarian	Quorn Meatballs in Tomato Sauce(V)	Vegetable Fajita(V)	Broccoli and Cheese Pasty(V)	BBQ Vegetable Burger(V)	Mozzerella Sticks (V)
	Pasta Bake	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
Starchy food	Pasta	Hash Browns	Roast Potatoes	Spicy Wedges	Chips	
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	
Vegetables	Peas	Broccoli	Cabbage	Sweetcorn	Peas	
	Carrots	Cauliflower	Carrots	Peas	Cauliflower	
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Pasta Salad	
Extra bread	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
Dessert	Chocolate and Pear Muffin with Custard	Millionaire Shortbread	Lemon Meringue Pie	Chocolate Fudge Cake with Ice Cream	Strawberry Mousse	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	

Grab & Go (Hot)

Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
Sub 4 You Cheese and Tomato Pizza Rice Pot Special Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Chicken Bites and Dip Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Rice Pot Special Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Hot Dogs Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Chicken Bites and Dip Filled Jacket Potatoes Portion of Chips Pasta to Go Ham and Cheese Panini
Grab & Go (Cold) Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads
Drinks Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate






(N) This dish contains nuts

(V) This dish is suitable for vegetarians

Menu MAT Summer Menu 2020

Week: 3 – 27/4, 18/5, 15/6, 6/7, 21/9, 12/10.



					
Main course					
Meat	Beef Lasagne	BBQ Chicken Wrap	Roast Gammon	Sweet and Sour Chicken	Pulled Pork Burger
Fish	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Fish Burger
Vegetarian	Vegetable Lasagne(V)	BBQ Vegetable Wrap (V)	Roasted Vegetable Pastry(V)	Sweet and Sour Halloumi (V)	Mozzerella Sticks(V)
Pasta Bake	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
Starchy food	Spicy Wedges	Hash Browns	Roast Potatoes	Vegetable Rice	Chips
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Vegetables	Peas	Broccoli	Cabbage	Sweetcorn	Peas
	Carrots	Cauliflower	Carrots	Peas	Cauliflower
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Coleslaw
Extra bread	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain
Dessert	Apple Flapjack and Custard	Cookie and Custard	Chocolate Profiteroles	Banoffee Cake with Custard	Fruit Fool
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt

Grab & Go (Hot)

Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You
Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza
Rice Pot Special	Chicken Bites and Dip	Rice Pot Special	Hot Dogs	Chicken Bites and Dip
Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes Portion of Chips
Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go
Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini
Grab & Go (Cold)				
Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
Drinks				
Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate

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