

# Menu Autumn Term 2018

Week: 1 – 3/9,24/9,15/10,12/11,3/12



	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
<b>Main course</b>					
<b>Meat</b>	Beef Bolognese	BBQ Chicken Wraps	Roast Turkey	Chicken Tikka	Pulled Pork Roll
<b>Fish</b>	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Cod Bites with Tomato Dip
<b>Vegetarian</b>	Quorn Bolognese(V)	BBQ Vegetable Wraps (V)	Leek and Cheese Pastry (V)	Vegetable Tikka (V)	Cauliflower Cheese (V)
<b>Pasta Bake</b>	Tomato and Basil Pasta	Tomato and Pesto Pasta	Creamy Tomato Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta
<b>Starchy food</b>	Pasta	Spicy Wedges	Roast Potatoes	Rice	Chips
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
<b>Vegetables</b>	Peas	Broccoli	Peas	Sweetcorn	Peas
	Carrots	Cauliflower	Carrots	Peas	Cauliflower
<b>Salad</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Coleslaw
<b>Extra bread</b>	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain
<b>Dessert</b>	Chocolate Cookie And Custard	Banana and Toffee Muffin and Custard	Carrot Cake	Pineapple Syrup Sponge and Custard	Apple and Sultana Crumble and Cream
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt

**Grab & Go (Hot)**

Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You
Cheese and Tomato Pizza	Rice Pot Special	Cheese and Tomato Pizza	Hot Dogs	Cheese and Tomato Pizza
Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes Portion of Chips
Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go
Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini
<b>Grab &amp; Go (Cold)</b>				
Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
<b>Drinks</b>				
Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate

(N) This dish contains nuts

(V) This dish is suitable for vegetarians

# Menu Autumn Term 2018

Week: 2 – 10/9,1/10,29/10,19/11,10/12



	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	
<b>Main course</b>	<b>Meat</b>	Beef Chilli	Bacon Quiche	Roast Pork	Hunter Chicken Burger	Beef Enchillada
	<b>Fish</b>	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Cod in Batter
	<b>Vegetarian</b>	Quorn Chilli (V)	Cheese Quiche (V)	Broccoli and Cheese Pasty(V)	Vegetable Cakes (V)	Mozzerella Sticks (V)
	<b>Pasta Bake</b>	Tomato and Basil Pasta	Tomato and Pesto Pasta	Creamy Tomato Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta
<b>Starchy food</b>	Rice	Hash Browns	Roast Potatoes	Spicy Wedges	Chips	
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	
<b>Vegetables</b>	Peas	Broccoli	Cabbage	Sweetcorn	Peas	
	Carrots	Cauliflower	Carrots	Peas	Cauliflower	
<b>Salad</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Pasta Salad	
<b>Extra bread</b>	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
<b>Dessert</b>	Chocolate and Pear Muffin with Custard	Jam and Coconut Sponge with Custard	Vanilla and Strawberry Cream Cake	Banana Custard with Shortbread Biscuit	Apple and Blackberry Crumble with Cream	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	

**Grab & Go (Hot)**

Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You
Cheese and Tomato Pizza	Rice Pot Special	Cheese and Tomato Pizza	Hot Dogs	Cheese and Tomato Pizza
Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes Portion of Chips
Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go
Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini
<b>Grab &amp; Go (Cold)</b>				
Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
<b>Drinks</b>				
Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate

(N) This dish contains nuts

(V) This dish is suitable for vegetarians

# Menu Autumn Term 2018

Week: 3 – 17/9,8/10, 5/11,26/11



	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	
<b>Main course</b>	<b>Meat</b>	Beef Lasagne	Sweet Chilli Chicken	Roast Gammon	Chicken and Ham Pie	Pickin Chicken with Dip
	<b>Fish</b>	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Scampi with Tartar Sauce
	<b>Vegetarian</b>	Vegetable Lasagne(V)	Sweet Chilli Halloumi Vegetables (V)	Roasted Vegetable Pastry(V)	Cauliflower Cheese (V)	Potato and Cheese Bake (V)
	<b>Pasta Bake</b>	Tomato and Basil Pasta	Tomato and Pesto Pasta	Creamy Tomato Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
	<b>Starchy food</b>	Spicy Wedges	Rice	Roast Potatoes	Mashed Potato	Chips
		Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
	<b>Vegetables</b>	Peas	Broccoli	Cabbage	Sweetcorn	Peas
		Carrots	Cauliflower	Carrots	Peas	Cauliflower
	<b>Salad</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
		Coleslaw	Potato Salad	Coleslaw	Potato Salad	Coleslaw
<b>Extra bread</b>	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
<b>Dessert</b>	Flapjack and Custard	Toffee Apple Muffin and Custard	Vanilla and Orange Cream Cake	Chocolate Fudge Cake with Chocolate Sauce	Apple Crumble with Custard	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	

**Grab & Go (Hot)**

Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You	Sub 4 You
Cheese and Tomato Pizza	Rice Pot Special	Cheese and Tomato Pizza	Hot Dogs	Cheese and Tomato Pizza
Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes Portion of Chips
Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go	Pasta to Go
Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini	Ham and Cheese Panini
<b>Grab &amp; Go (Cold)</b>				
Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
<b>Drinks</b>				
Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshake and Smoothies Tea, Coffee and Hot Chocolate

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